

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## MIAO CAI

Has successfully participated & completed the

5km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

**TIME** 01:00:31

**PACE** 12:06/km

OVERALL 44 of 53

20 October 2019, Sun

Date

**GENDER** 24 of 33

**OPEN** 9 of 12



BoutTime

Signature